

BURNT RANCH ELEMENTARY SCHOOL DISTRICT



PO Box 39
251 Burnt Ranch School Road
Burnt Ranch, CA 95527

Amanda Platt, Superintendent
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Katie Strouse
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Burnt Ranch Elementary School District LSWP Triennial Assessment Report September 2023

General Information

Date Policy Revised: **TBD**

Date Assessment Completed: 9/20/2023

Schools included in assessment: Burnt Ranch Elementary School

Date of last Local Wellness Policy revision: 8/11/19

Website address for the wellness policy: <https://bresd.org>

Resources Used: The California School Board Association (CSBA) Sample Board Policy; *The Triennial Assessment Template for Local Educational Agencies*, California Local School Wellness Policy Collaborative

Assessments Used: Action for Healthy Kids School Health Index; and LSWP Assessment Score Card

Local Education Agencies (LEAs) are required to complete a comprehensive assessment of the Local School Wellness Policy (LSWP) a minimum of once every three years, beginning no later than June 30, 2021. LEAs received a two-year waiver due to Covid 19, extending the assessment to five years. Each LEA is to establish a LSWP committee to conduct the assessment. The committee should include broad representation of the school district, families, and community. The assessment requires a four-step process including:

1. How the LSWP compares to a model policy;
2. The school district's progress towards attaining LSWP goals;
3. Measuring each school site compliance with the LSWP;
4. The results of the assessment must be made available to the public.

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1. Burnt Ranch SD School Wellness Policy comparison to Model Policy:

Since the return to full in-person instruction, the district LSWP committee has been inactive. The Superintendent convened the Parent Advisory Council, Nutrition Department and school business officials to serve as the LSWP committee. The California School Board Association (CSBA) Sample Board Policy was used as a model policy and the Action for Healthy Kids School Health Index was used for the comparison.

Overall, the policy needs some updating on specific language to be in compliance. We found the LSWP to be out of compliance or in partial compliance with the following Standards:

- Recommend adding language pertaining to Nutrition Education, addressing agriculture and the food system.
- Add language addressing student access to free, safe, unflavored drinking water where meals are being served.
- Add language about the Spark PE curriculum.
- Add language about Staff Wellness

It is recommended that revisions be made to the LSWP to include the appropriate language outlined above. The last page of this document contains the completed score card.

2. Monitoring Progress with Meeting the LSWP Goals, and Extent of compliance for ALL schools with the LSWP

The Action for Healthy Kids Health Index tool was used to monitor progress towards meeting the LSWP goal. As well as the Local School Wellness Policy Assessment Score Card.

A brief summary of successes and areas of opportunity follows. It is recommended that an action plan be created to address the areas of opportunity.

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Successes	Opportunities
<ul style="list-style-type: none">• District provides healthy scratch – made breakfast and lunch meals to students that meet federal and state requirements.• Nutrition education provided in the expanded school day with Garden Club and Cooking Club.• Local meat, dairy, fruits and vegetables are incorporated into school menus.• District implemented California Universal Meals and Provision 2 Eligibility all students eat free of charge.• Partnership underway with the North coast Grower’s Association for procurement via the Food Hub.• School facilities are made available to the community for physical activity.	<ul style="list-style-type: none">• Continue to build momentum and partnerships to revitalize the school garden.• Provide drink dispenser for water during meals.• Continue to incorporate more locally produced foods into school meals including fruits, vegetables, grains and local meat and dairy.• Provide support for food service staff to obtain training on school meal program operations, menu planning and scratch-based cooking.• Strengthen the LSWP committee by conducting outreach and recruitment to include teachers, afterschool, health professionals, parents, and students.• Spark Curriculum for PE.

4. Triennial Assessment Report to Public

This report will be made available to the public on the district website at <https://bresd.org/>

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BURNT RANCH LSWP ACTION PLAN

Activity	Start Date	End Date	Person(s) Responsible	Resources Required	Volunteers Needed?	Activities/Resources	Measures of Success
Priority #1 School Health Environment							
School Health Action Plan	11/23	Ongoing	Amanda Platt	Assessment Data	No	n/a	Improved score
Priority #2 School Health Service							
Counseling Services	11/23	6/24	Amanda Platt	County Support	No	More time	School Climate survey
Nurse Services	11/23	6/24	Amanda Platt	County Support	No	More Time	Improved Score
Priority #3 Staff Wellness							
Programs for staff members on physical fitness, healthy eating, and low-cost stress management	11/23	6/24	Amanda Platt	Funding	Possibly	Classes/stipends for activities/challenges	Staff Survey/Improved Scale