

March 2022

Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Ham & Egg Sandwich Fruit/Yogurt	2 Pancakes Hardboiled Egg Fruit/Yogurt	3 Egg Frittata Fruit/Yogurt	4 Apple Cinnamon Muffins Fruit/Yogurt	5
6	7 Cereal Hardboiled Egg Fruit/Yogurt	8 Scrambled Eggs Country Potatoes Fruit	9 Oatmeal Hardboiled Egg Fruit/Yogurt	10 Bagel with Cream Cheese Hardboiled Egg Fruit/Yogurt	11 French Toast Fruit/Yogurt	12
13	14 Cereal Hardboiled Egg Fruit/Yogurt	15 Berry Muffins Hardboiled Egg Fruit/Yogurt	16 Breakfast Burrito Fruit/Yogurt	17 Ham & Egg Sandwich Fruit/Yogurt	18 Pancakes Hardboiled Egg Fruit/Yogurt	19
20	21 Cereal Hardboiled Egg Fruit/Yogurt	22 Scrambled Egg with Sausage Fruit	23 Oatmeal Hardboiled egg Yogurt/fruit	24 Muffins Hardboiled Egg Fruit/Yogurt	25 Egg Frittata Fruit/Yogurt	26
27	28 Cereal Hardboiled Egg Fruit/Yogurt	29 Ham & Egg Sandwich Fruit/Yogurt	30 French Toast Hardboiled Egg Fruit/Yogurt	31 Bagel with Cream Cheese Hardboiled Egg Fruit/Yogurt		

***Subject to Change**

In operation of the child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you have been discriminated against, write immediately to the secretary of Agriculture Washington DC 20250

March

Lunch

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Hamburger French Fries Fruit/Vegetables	2 Ham/Turkey Melt Fruit/Vegetables	3 Chicken Burritos Taco Rice/ Black Beans Fruit	4 Chicken Bake w/ veggies Fruit	5
6	7 Spaghetti Garlic Bread Fruit/Vegetables	8 Fish Sticks French Fries Fruit/Vegetables	9 Chili Crackers Fruit	10 Tomato Soup with Grilled Cheese and Ham Fruit	11 Peanut Butter Jelly Sandwich Fruit/Vegetables	12
13	14 Pizza Salad Fruit	15 Chicken Alfredo Garlic Bread Fruit/Vegetables	16 Macaroni and Cheese Fruit/Vegetables	17 Hamburgers French Fries Fruit/Vegetables	18 Italian Bake Garlic Bread Fruit/Vegetables	19
20	21 BBQ Pork Fruit/Vegetables	22 Grilled Chicken Sandwich Fruit/Vegetables	23 Burritos Rice/beans Fruit	24 Turkey Melt Potato Wedge Fruit	25 Vegetable Soup Fruit	26
27	28 Chicken Quesadillas Rice and Beans Fruit	29 Hamburgers Potato Wedges Fruit/Vegetables	30 Chili Crackers Fruit	31 Spaghetti Garlic Bread Fruit/Vegetables		

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